

Summer Menu 2018

Vegetarian
option

Breakfast

Snack

Lunch

Tea

Day 1

Choice of cereal, toast & butter

Milk to drink

Bread sticks with carrot and pepper sticks

Milk to drink

Beef lasagne with garlic bread

Seasonal fruit salad

Water to drink

Cheese melts with sliced tomatoes

Applejacks

Water to drink

Day 2

Choice of cereal, toast & butter

Milk to drink

Banana slices

Milk to drink

Creamy fish pie (cod) with seasonal veg

Greek yoghurt and raspberry puree

Butchers sausage butties with crunchy vegetable sticks

Fruit scones

Choice of cereal, toast & butter

Milk to drink

Apples and Raisins

Milk to drink

Thai chicken curry with white rice and broccoli

Fruity oat sundaes

Selection of filled finger rolls

Homemade carrot cake

Day 3

Choice of cereal, toast & butter

Milk to drink

Cheese and tomato slices

Milk to drink

Roast beef with seasonal veg and Yorkshire puddings

Summer crumble and ice cream

Wholemeal spaghetti hoops on toast

Fresh fruit

Day 4

Choice of cereal, toast & butter

Milk to drink

Apple wedges

Milk to drink

Turkey meatballs with tagliatelle

Fruit yoghurt

Jacket potatoes with tuna and salad sticks

Lemon drizzle cake

Day 5

Choice of cereal, toast & butter

Milk to drink

Crackers and cheese

Milk to drink

Shepherds pie with vegetables

Peach fool ripple

Selection of sandwiches on wholemeal bread with vegetable sticks

Apricot Flapjack

Day 6

Choice of cereal, toast & butter

Milk to drink

Apricots and Raisins

Milk to drink

Salmon and pasta bake with garlic bread

Shortbread and satsumas

Water to drink

Selection of pizzas

Fresh fruit platter

Water to drink

Choice of cereal, toast & butter

Milk to drink

Veg sticks and hummus

Milk to drink

Cheese and vegetable pie

Banana

Homemade savoury scones with crunchy veg sticks

Fresh strawberries and cream

Day 7

Choice of cereal, toast & butter

Milk to drink

Toasted tea cakes

Milk to drink

BBQ chicken with cous cous and roast vegetables

Fromage frais

Macaroni cheese with spinach

Banana buns