

Week 1

| Vegetarian option | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|--|--|--|---|
| Breakfast | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> |
| Snack | Apple and carrot sticks <i>Milk to drink</i> | Banana and raisins <i>Milk to drink</i> | Breadsticks and soft cheese dip <i>Milk to drink</i> | Fruit malt loaf with butter <i>Milk to drink</i> | Apricots and raisins <i>Milk to drink</i> |
| Lunch | Minced beef/Quorn mince lasagne with A mixed salad Yoghurt <i>Water to drink</i> | Champ-cannon with sausages / veggie sausage Fromage Frais <i>Water to drink</i> | Chicken & Vegetable bake with a pastry topping Seasonal Vegetable bake with a pastry topping Jelly and berry medley <i>Water to drink</i> | Salmon and broccoli bake with garlic bread Bananas and custard <i>Water to drink</i> | Vegetable Balti served with boiled rice Vanilla yoghurt mango and passion fruit <i>Water to drink</i> |
| Tea | Wholewheat spaghetti hoops on toast Sultana flapjacks <i>Water to drink</i> | Turkey wraps and Cheese sandwiches served with baby tomatoes Carrot cake <i>Water to drink</i> | Bagels with cream cheese and crudites Seasonal fruit <i>Water to drink</i> | Cheese and tomato pizza <i>Crispy cakes</i> <i>Water to drink</i> | Home made burgers in a bun Fresh fruit <i>Water to drink</i> |

Week 2

| Vegetarian option | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|---|--|--|
| Breakfast | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> | Choice of cereal, toast and butter <i>Milk to drink</i> |
| Snack | Assorted dried fruit with Satsuma wedges <i>Milk to drink</i> | Fruit malt loaf with butter <i>Milk to drink</i> | Banana and raisins <i>Milk to drink</i> | Crackers and soft cheese dip <i>Milk to drink</i> | Apples slices and carrot sticks <i>Milk to drink</i> |
| Lunch | Chicken/Quorn leek pie served with carrots Fruit with ice cream <i>Water to drink</i> | Crumb topped macaroni cheese with Ham and peas Ginger and orange cake <i>Water to drink</i> | Sweet potato topped fish bake Orange jelly with mandarins <i>Water to drink</i> | Sweet and sour pork with rice Fresh fruit <i>Water to drink</i> | Pasta and vegetable cheese bake Stewed fruit with a cornflake/oaty crumble topping <i>Water to drink</i> |
| Tea | Tomato and basil soup with bread and butter Yoghurt <i>Water to drink</i> | Mixed sandwiches with vegetable sticks Fresh fruit <i>Water to drink</i> | Cheese melts with baby tomatoes Cherry flapjacks <i>Water to drink</i> | Jacket potatoes with beans and mixed salad Yoghurt <i>Water to drink</i> | Fresh Sausage in a bun Homemade cherry shortbread <i>Water to drink</i> |